

**MAKOS Last Chance Meet 2011**  
**February 5, 2011**  
**Mississippi Makos Swim Team**  
**Courthouse Racquet & Fitness Club**

- Sanction:** Held under the sanction of USS and MSI.  
Sanction # **1103**  
Time Trial Sanction # 1103TT
- Sponsor:** Mississippi Makos Swim Team
- Location:** Courthouse Racquet & Fitness Club  
2625 Courthouse Circle  
Flowood, MS 39232
- Facility:** Indoor 50 meter x 25 yd pool 8 lanes competition course with warm-up and warm-down available. Daktronics timing with 8 lane scoreboard: HY-TEK program. The competition course has not been certified in accordance with **104.2.2C(4)**.
- Rules:** Current USS Rules will govern the meet.
- Eligibility:** The age of the swimmer on February 5, 2011 determines the age of the swimmer. All swimmers must be current USS registered athletes. The USS numbers must appear on all entry forms (recaps). The person responsible for entering an unregistered swimmer as registered will be subject to a fine of up to \$100.00 per event. This will be enforced by MSI through their Review Section. **SWIMMERS WITHOUT USS REGISTRATION NUMBERS WILL BE REJECTED**
- Scoring:** There will be NO scoring.
- Coaches:** Coaches must be current USS Coach Members in order to perform deck duties. If a coach is not certified, he/she may observe the meet as any other observer, but may not coach or sit in the coaches' area. **COACHES PACKETS WILL BE GIVEN TO THOSE COACHES PRESENTING CREDENTIALS**
- Schedule:** Saturday, February 10th: Warm-Up: 11:00 am  
Competition: 12:00 pm
- Limit of Events:** Swimmers are limited to 5 individual events.  
Time Trial events count toward entry limit.

- Awards:** No Awards
- Seeding:** Best Short Course times should be submitted for All Events.
- Entries:** Entry form, recap sheets, and waiver must be sent together. We use the HY-TEK Computer program. If you are also using HY-TEK, please send us your entries via email, **with the hard copy**. This will make our job easier and insure accuracy. All other requirements remain.
- Entry Deadline:** Forms and fees (and diskettes) must be in the hands of Brian Ware no later than **Monday, January 31st, 2011**.  
Mail entries to: Brian Ware  
2625 Courthouse Cir.  
Flowood, MS 39232 (601) 209-3187  
OR e-mail to: [bware@mscourthouse.com](mailto:bware@mscourthouse.com)
- Late Entries:** **LATE ENTRIES WILL BE ACCEPTED ON LANE AVAILABILITY**. If not already entered in the meet, you must be able to prove USA swimming registration.
- Reporting:** Swimmers in all events will report directly to the starting blocks. All entry cards, except for relays, will be at the appropriate lane according to the heat sheet. It is the responsibility of the coach & the swimmers to see that the swimmer reports to his/her assigned lane at the proper time. **THERE WILL NOT BE A CLERK OF COURSE OR BULLPEN.**
- Entry Fees:** \$3.00 per individual event  
\$5.00 surcharge per swimmer  
Make checks payable to **MISSISSIPPI MAKOS**
- Seeding:** The meet will be preseeded according to Current USS Rules for timed finals. Entry forms submitted without times or unreadable times will be seated as No Time (NT). Entry times must be submitted in short course yard times.
- Warm-up:** Warm-up procedures will follow the MSI guidelines. The first 30 minutes will be general warm-ups, **NO DIVING**. In the last 20 minutes, the two outside lanes will be for pace, all swimmers leaving the wall from a push. Lanes 2 & 7 are for dives off blocks with one way traffic. The remaining lanes are for general warm-up. **NO DIVING**.
- Four Hour Rule:** If an age group event for 12 and unders is swum after the session has been running four (4) hours, each involved swimmer has the option of either swimming that event or receiving a refund for that event. A swimmer desiring the refund must declare his/her intent to the Meet Director or the

meet director's designee. There will be no refund for swimmers not in attendance.

**SWIM WEAR:** Swim Wear will be according to the current USA Swimming Rules and Regulations guidelines under Article 102.9.

**Additional Info:** When filling out the recaps, PLEASE enter the swimmers on the appropriate sheet for their age.  
There will be **NO SMOKING** around the pool, deck, or where swimmers are present, such as bathrooms, or immediately outside the doors. **NO GLASS** containers or gum on the pool deck.

**Scratches:** USA-Swimming Scratch rules for timed finals will be in effect. No swimmer may scratch from an entered event and then enter another event. No swimmer may enter a later event to make up for a missed event.

**Diving:** Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Meet Director:** Brian Ware  
2625 Courthouse Cir.  
Flowood, MS 39232 (601) 209-3187

**Referee:** David Reeves  
153 Reserve Crossing  
Madison, MS (601) 856-6951

**Makos Last Chance Meet 2011**  
**Saturday February 5, 2011 (Short Course)**  
**Order of Events**

<u><b>Girls</b></u>	<u><b>Round 1:</b></u>	<u><b>Boys</b></u>
1	12 & Under 100 IM	2
3	Open 200 IM	4
5	12 & Under 50 Free	6
7	Open 50 Free	8
9	Open 200 Breast	10
11	12 & Under 50 Back	12
13	Open 100 Back	14
15	Open 200 Fly	16
17	12 & Under 50 Breast	18
19	Open 100 Breast	20
21	Open 200 Free	22
23	12 & Under 50 Fly	24
25	Open 100 Fly	26
27	Open 100 Free	28
29	Open 200 Back	30
31	Open 500 Free	32
 <u><b>Round 2:</b></u> 		
33	12 & Under 100 IM	34
35	Open 200 IM	36
37	12 & Under 50 Free	38
39	Open 50 Free	40
41	Open 200 Breast	42
43	12 & Under 50 Back	44
45	Open 100 Back	46
47	Open 200 Fly	48
49	12 & Under 50 Breast	50
51	Open 100 Breast	52
53	Open 200 Free	54
55	12 & Under 50 Fly	56
57	Open 100 Fly	58
59	Open 100 Free	60
61	Open 200 Back	62
63	Open 500 Free	64
65	Open 400 IM	66
67	Open 1650 Free	68
	Time Trial	

You can swim the same event more than once but don't forget you are still limited to 5 events total.

**INFORMATION FORM FOR DISABLED SWIMMERS**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

AGE \_\_\_\_\_ BIRTHDATE \_\_\_\_/\_\_\_\_/\_\_\_\_.

EVENTS TO BE SWUM \_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_

TYPE OF DISABILITY

Blind \_\_\_\_\_ Mentally Retarded \_\_\_\_\_ Deaf \_\_\_\_\_ Physical \_\_\_\_\_

EXTENT OF DISABILITY: Be specific, e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

THE FOLLOWING PERSON(S) WILL ACCOMPANY THE SWIMMER FOR ANY NEEDED ASSISTANCE:

\_\_\_\_\_

TYPE OF MEDICATION \_\_\_\_\_

PURPOSE OF MEDICATION \_\_\_\_\_

PARENT'S OR GUARDIAN'S NAME \_\_\_\_\_

PARENT'S OR GUARDIAN'S SIGNATURE \_\_\_\_\_

ATHLETES'S SIGNATURE \_\_\_\_\_

\*\*\*\*\*

PHYSICIAN'S NAME (please print) \_\_\_\_\_

PHYSICIAN'S ADDRESS \_\_\_\_\_

PHYSICIAN'S PHONE NUMBER \_\_\_\_\_

I have examined the above Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in USA Swimming competition.

\_\_\_\_\_  
Physician's signature

\_\_\_\_\_  
Date

**Makos Last Chance  
ENTRY FORM  
February 5, 2011**

**CLUB NAME:** \_\_\_\_\_ **ABBREVIATION** \_\_\_\_\_

**COACHES:** \_\_\_\_\_  
\_\_\_\_\_

**TEAM ADDRESS** \_\_\_\_\_  
\_\_\_\_\_

**PHONE:** \_\_\_\_\_  
\_\_\_\_\_

**NUMBER OF INDIVIDUAL ENTRIES** \_\_\_\_\_ **@\$3.00/ENTRY=\$** \_\_\_\_\_

**NUMBER OF RELAY ENTRIES** \_\_\_\_\_ **@\$8.00/RELAY=\$** \_\_\_\_\_

**NUMBER OF TOTAL ATHLETES** \_\_\_\_\_ **@\$5.00/ENTRY=\$** \_\_\_\_\_

**TOTAL AMOUNT OF FEES ENCLOSED** = \$ \_\_\_\_\_

**IN CONSIDERATION OF THE ACCEPTANCE OF THIS ENTRY, WE WAIVE ANY AND ALL CLAIM AGAINST USA OR MS SWIMMING, MISSISSIPPI MAKOS SWIM TEAM, AND THE COURTHOUSE RACQUET CLUB AND ITS EMPLOYEES.**

**SIGNATURE OF COACH OR CLUB REPRESENTATIVE:**

**Mail entries to :** **Brian Ware**  
**2625 Courthouse Circle**  
**Flowood, MS 39232**  
**Email: [bware@mscourthouse.com](mailto:bware@mscourthouse.com)**