



2011 VSA Splash and Dash
Hosted by VSA
7/9/11
Sanction # MSI #####



- Sanction:** This meet is held under the sanction of Mississippi Swimming, Inc. and US Swimming Inc.
- Rules:** The current USA Swimming and MS Swimming rules will govern the conduct of the meet.
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, Mississippi Swimming, the city of Vicksburg and VSA shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event .
- Location:** Vicksburg City Pool and Sports Complex, Vicksburg MS. On Lee Street at City Park across from Vicksburg High School football stadium.
Phone: 601-634-4516
- Course:** MS: 50meter, 8 lane, wave-calming dividers; electronic timing system with manual backup. The competition course has not been certified in accordance with USAS Rule104.2.2C(4).
- Water Depth:** Starting end depth ____; midpoint depth ____; turn end depth _____. Turn end water depth meets / does not meet USAS minimum requirement for racing starts per Rule 103.2.
- Format:** Events will be swum as Timed finals
- Starting Times:** Meet Warm Up: 8 a.m. -8:45 a.m. Meet Start: 9:00 a.m.
- Meetings:** Officials Meeting 8:00
- Warm-ups:** Warm-ups will be conducted in accordance with the guidelines established by USA Swimming and Mississippi Swimming. Mississippi Swimming, Inc. Warm-up procedures will be followed. Participating teams will be assigned to specific lanes for the warm-up period. All warm-up activities will be coordinated by the coach(es) supervising that lane. During the first 30 minutes of a warm-up session, or longer if the warm-up session is more than 50 minutes long, will be for general warm-ups. Swimmers must cautiously enter the pool feet first. NO DIVING IS ALLOWED DURING THE GENERAL WARM-UPS. In the last 20 minutes, supervised diving and backstroke racing starts are permitted with one-way traffic. 10 and Under warm up: 30 minutes with last 10 minutes supervised diving one way traffic..

- Swimwear** Swimwear worn at MSI meets must conform to USA Swimming Rules & Regulations (Art. 102.9.1
- Restrictions:** and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.
- Supervision:** A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Only registered coaches, swimmers and officials will be allowed on the pool deck.
- Eligibility:** All swimmers, coaches, clubs and officials must be currently registered with USA Swimming. The age of the swimmer on 7/9/11 determines the age of the swimmer for the entire meet.
- Registration:** On Deck USA Swimming registration will be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee or be deck registered. A \$10.00 deck registration fee will be charged in addition to the current registration fee. Fines may be imposed if a swimmer participates and is not registered.
- Deck Entries:** Deck entries will be allowed if space is available and at the discretion of the Meet Referee.
- Scoring:** No Score.
- Event Limit:** Swimmers may swim a maximum of ____ individual events for the meet, but no more than 5 per day. Swimmers may swim ____ relay events for the meet, but no more than ____ per day
- Meet Length:** USA Swimming Rules require that events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours for swimmers 12 years and younger (205.3F). Entries will be input in the order they are received.
- Seeding:** The meet will be pre-seeded according to USA Swimming Rules for timed finals. Entry forms submitted without times, or unreadable times, will be seeded as "No Time."
- Time Trials:** NO Time Trail
- Awards:** No Awards, besides Pride

Entries: Teams are encouraged to submit their entries by e-mail using Hy-Tek Team Manager software. E-mail entries to: Mathew Mixon Email mixonmathew@yahoo.com . Mail a printed copy of the entries and a check for entry fees payable to VSA. Mail to:
Vicksburg Swim Association
1406 Parkway Drive
Vicksburg MS 39180

Fees: MSI Fee: \$5.00 per swimmer
Individual Events: \$__2.50__
Relay Events: \$__0__
Other Fees: \$_____

Deadline: All entries and entry fees must be received no later than July 6, 2011.

Protests: Protests of any kind must be submitted to the referee in writing and will only be from the team coach.

Concessions: No Concessions

Officials: Meet Director: Heather Butler
Referee: Tere Demoss
Starter:
Marshall:

Meet Officials will meet the requirements of 202.3.3.

Order of Events:

Orders of Events – Distances are in meters

ROUND #1

Event # Description

- 1 Mixed 50 Freestyle
- 2 Mixed 50 Breaststroke
- 3 Mixed 50 Backstroke
- 4 Mixed 50 Butterfly
- 5 Mixed 100 Freestyle
- 6 Mixed 100 Breaststroke
- 7 Mixed 100 Backstroke
- 8 Mixed 100 Butterfly
- 9 Mixed 200 Freestyle
- 10 Mixed 200 Breaststroke
- 11 Mixed 200 Backstroke
- 12 Mixed 200 Butterfly
- 13 Mixed 200 IM
- 14 Mixed 400 Free
- 15 Mixed 400 IM

ROUND#2

Event # Description

- 16 Mixed 50 Freestyle
- 17 Mixed 50 Breaststroke
- 18 Mixed 50 Backstroke
- 19 Mixed 50 Butterfly
- 20 Mixed 100 Freestyle
- 21 Mixed 100 Breaststroke
- 22 Mixed 100 Backstroke
- 23 Mixed 100 Butterfly
- 24 Mixed 200 Freestyle
- 25 Mixed 200 Breaststroke
- 26 Mixed 200 Backstroke
- 27 Mixed 200 Butterfly
- 28 Mixed 200 IM
- 29 Mixed 400 Free
- 30 Mixed 400 IM

ROUND #3

Event # Description

- 31 Mixed 50 Freestyle
- 32 Mixed 50 Breaststroke
- 33 Mixed 50 Backstroke
- 34 Mixed 50 Butterfly
- 35 Mixed 100 Freestyle
- 36 Mixed 100 Breaststroke
- 37 Mixed 100 Backstroke
- 38 Mixed 100 Butterfly
- 39 Mixed 200 Freestyle
- 40 Mixed 200 Breaststroke
- 41 Mixed 200 Backstroke
- 42 Mixed 200 Butterfly
- 43 Mixed 200 IM
- 44 Mixed 800 Free

