



## (VSA Intra-squad)

Tuesday, December 15, 2011

Hosted by: VSA

- DATE:** December 15, 2011 (5:00 P.M.)
- LOCATION:** Purk's YMCA
- FACILITIES:** Indoor, Air Conditioned, Five lane, 25 yard pool; Non-turbulent lane ropes;
- HEAD COACH:** Mathew Mixon
- MEET REFEREE:** Terre DeMoss
- ELIGIBILITY:** Swimmers must be in White, Black, or Bronze VSA Pods.
- EVENTS:** All events are TIMED FINALS; Please submit SHORT COURSE YARD TIMES for each event entered.
- ENTRY LIMIT:** Each swimmer may enter (3) individual events per day, plus one relay.
- AWARDS:** No Awards
- SCORING:** Events will be scored by age group: 6&U, 7-8, 9-10, Relay event 10&U (1<sup>st</sup> 5pts, 2<sup>nd</sup> 3pts, 3<sup>rd</sup> 2pts, 4<sup>th</sup>, 1pt) Relay (1<sup>st</sup> 10pts, 2<sup>nd</sup> 6pts)
- ENTRY FEE:** Surcharge: FREE for VSA Swimmers  
Individual events FREE for VSA Swimmers
- DECK ENTRIES:** Deck entries will be accepted where space is available.
- ENTRY DEADLINE:** Entries must be received no later than December 13, 2011.
- EMAIL ENTRIES:**  
mixonmathew@yahoo.com

## **MEET SCHEDULE:**

Warm-up: 5:00- 5:20 p.m.  
Meet Starts: 5:30 p.m.  
Meet: 5:30 pm – Until  
Christmas Party: Immediately to Follow in the YMCA activity room.

### *Events*

Event # 1 Men's 12&U 100 Free Relay  
Event # 2 Women's 12&U 100 Free Relay  
Event # 3 Men's 6&U 25 Free  
Event #4 Women's 6&U 25 Free  
Event # 5 Men's 7-8 25 Free  
Event # 6 Women's 7-8 25 Free  
Event # 7 Men's 9-12 50 Free  
Event # 8 Women's 9-12 50 Free  
Event # 9 Men's 6&U 25 Back  
Event #10 Women's 6&U 25 Back  
Event #11 Men's 7-8 25 Back  
Event# 12 Women's 7-8 25 Back  
Event#13 Men's 9-12 50 Back  
Event #14 Women's 9-12 50 Back  
Event #15 Men's OPEN 25 Breast  
Event #16 Women's OPEN 25 Breast  
Event #17 Men's OPEN 25 Fly  
Event #18 Women's OPEN 25 Fly